

# Keeping Safe Online

## Sharing Information Online

**S**

### SAFE

Keep safe by being careful not to give out personal information (such as name, email, address, phone number, home address or school name) to people you don't trust online

WHO will see the information?

WHAT will strangers do with the information?

HOW can you stop strangers getting information about you?

**M**

### STOP AND THINK

### MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission, and even then only when they can go with you

WHY should you never arrange to meet anyone you don't know in the real world?

WHAT might happen if you do go and meet a stranger you met on the internet?

WHO should you tell and what should you do?

**A**

### STOP AND THINK

### ACCEPTING

Accepting emails, IM messages or opening files, pictures and texts from people you don't know or trust can lead to problems. They may contain viruses or nasty messages

WHO sent it?

Will it be safe to open?

What can I do to protect myself and my devices?

**R**

### RELIABLE

Someone online may be lying about who they are and information you find on the internet may not be reliable

WHETHER you can believe what strangers tell you when you are chatting to them online

WHAT can I do to check they are who they say they are?

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### TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried. They can help you talk to someone who can help, e.g police, CHILDLINE

WHAT can I do when people I'm chatting to online make me feel uncomfortable?

WHO can I tell?

WHAT can I do to stop it happening again?

### STOP AND THINK